Judgment in a Criminal Case Sheet 1

United States District Court

Middle District of Alabama UNITED STATES OF AMERICA JUDGMENT IN A CRIMINAL CASE LASHONDA HOWELL Case Number: 2:22cr370-LSC-KFP USM Number: 35845-510 William Blanchard, Jr. Defendant's Attorney THE DEFENDANT: 1 of the Indictment on 4/11/2023 ✓ pleaded guilty to count(s) pleaded nolo contendere to count(s) which was accepted by the court. \square was found guilty on count(s) after a plea of not guilty. The defendant is adjudicated guilty of these offenses: **Nature of Offense Title & Section** Offense Ended Count 18 USC § 1343 4/29/2019 Wire Fraud The defendant is sentenced as provided in pages 2 through of this judgment. The sentence is imposed pursuant to the Sentencing Reform Act of 1984. ☐ The defendant has been found not guilty on count(s) **✓** Count(s) 2 of the Indictment **I** is are dismissed on the motion of the United States. It is ordered that the defendant must notify the United States attorney for this district within 30 days of any change of name, residence, or mailing address until all fines, restitution, costs, and special assessments imposed by this judgment are fully paid. If ordered to pay restitution, the defendant must notify the court and United States attorney of material changes in economic circumstances. 12/12/2023 Date of Imposition of Judgment Signature of Judge L. Scott Coogler, United States District Judge Name and Title of Judge

12/27/2023

Date

AO 245B (Rev. 02/18) Judgment in Criminal Case Sheet 2 — Imprisonment

DEFENDANT: LASHONDA HOWELL CASE NUMBER: 2:22cr370-LSC-KFP

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IMPRISONMENT			
The defendant is hereby committed to the custody of the Federal Bureau of Prisons to be imprisoned for a total			
term of:			
37 Mos.			
✓ The court makes the following recommendations to the Bureau of Prisons:			
That Defendant be designated to a facility as close to Montgomery, AL as possible.			
☐ The defendant is remanded to the custody of the United States Marshal.			
☐ The defendant shall surrender to the United States Marshal for this district:			
□ at □ a.m. □ p.m. on .			
as notified by the United States Marshal.			
The defendant shall surrender for service of sentence at the institution designated by the Bureau of Prisons:			
on or before noon (12:00 PM) on 1/15/2024 .			
as notified by the United States Marshal.			
as notified by the Probation or Pretrial Services Office.			
RETURN			
I have executed this judgment as follows:			
Thave executed this judgment as follows.			
Defendant delivered on to			
at, with a certified copy of this judgment.			
UNITED STATES MARSHAL			
Ву			
DEPUTY UNITED STATES MARSHAL			

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AO 245B (Rev. 02/18) Judgment in a Criminal Case Sheet 3 — Supervised Release

DEFENDANT: LASHONDA HOWELL CASE NUMBER: 2:22cr370-LSC-KFP

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SUPERVISED RELEASE

Upon release from imprisonment, you will be on supervised release for a term of :

3 Yrs.

MANDATORY CONDITIONS

You must not commit another federal, state or local crime. 1. You must not unlawfully possess a controlled substance. 2. You must refrain from any unlawful use of a controlled substance. You must submit to one drug test within 15 days of release from 3. imprisonment and at least two periodic drug tests thereafter, as determined by the court. The above drug testing condition is suspended, based on the court's determination that you pose a low risk of future substance abuse. (check if applicable) You must make restitution in accordance with 18 U.S.C. §§ 3663 and 3663A or any other statute authorizing a sentence of 4. restitution. (check if applicable) You must cooperate in the collection of DNA as directed by the probation officer. (check if applicable) 5. 6. You must comply with the requirements of the Sex Offender Registration and Notification Act (34 U.S.C. § 20901, et seq.) as directed by the probation officer, the Bureau of Prisons, or any state sex offender registration agency in the location where you reside, work, are a student, or were convicted of a qualifying offense. (check if applicable) You must participate in an approved program for domestic violence. (check if applicable) 7.

You must comply with the standard conditions that have been adopted by this court as well as with any other conditions on the attached page.

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DEFENDANT: LASHONDA HOWELL CASE NUMBER: 2:22cr370-LSC-KFP

STANDARD CONDITIONS OF SUPERVISION

As part of your supervised release, you must comply with the following standard conditions of supervision. These conditions are imposed because they establish the basic expectations for your behavior while on supervision and identify the minimum tools needed by probation officers to keep informed, report to the court about, and bring about improvements in your conduct and condition.

- 1. You must report to the probation office in the federal judicial district where you are authorized to reside within 72 hours of your release from imprisonment, unless the probation officer instructs you to report to a different probation office or within a different time frame.
- 2. After initially reporting to the probation office, you will receive instructions from the court or the probation officer about how and when you must report to the probation officer, and you must report to the probation officer as instructed.
- 3. You must not knowingly leave the federal judicial district where you are authorized to reside without first getting permission from the court or the probation officer.
- 4. You must answer truthfully the questions asked by your probation officer.
- 5. You must live at a place approved by the probation officer. If you plan to change where you live or anything about your living arrangements (such as the people you live with), you must notify the probation officer at least 10 days before the change. If notifying the probation officer in advance is not possible due to unanticipated circumstances, you must notify the probation officer within 72 hours of becoming aware of a change or expected change.
- 6. You must allow the probation officer to visit you at any time at your home or elsewhere, and you must permit the probation officer to take any items prohibited by the conditions of your supervision that he or she observes in plain view.
- 7. You must work full time (at least 30 hours per week) at a lawful type of employment, unless the probation officer excuses you from doing so. If you do not have full-time employment you must try to find full-time employment, unless the probation officer excuses you from doing so. If you plan to change where you work or anything about your work (such as your position or your job responsibilities), you must notify the probation officer at least 10 days before the change. If notifying the probation officer at least 10 days in advance is not possible due to unanticipated circumstances, you must notify the probation officer within 72 hours of becoming aware of a change or expected change.
- 8. You must not communicate or interact with someone you know is engaged in criminal activity. If you know someone has been convicted of a felony, you must not knowingly communicate or interact with that person without first getting the permission of the probation officer.
- 9. If you are arrested or questioned by a law enforcement officer, you must notify the probation officer within 72 hours.
- 10. You must not own, possess, or have access to a firearm, ammunition, destructive device, or dangerous weapon (i.e., anything that was designed, or was modified for, the specific purpose of causing bodily injury or death to another person such as nunchakus or tasers).
- 11. You must not act or make any agreement with a law enforcement agency to act as a confidential human source or informant without first getting the permission of the court.
- 12. If the probation officer determines that you pose a risk to another person (including an organization), the probation officer may require you to notify the person about the risk and you must comply with that instruction. The probation officer may contact the person and confirm that you have notified the person about the risk.
- 13. You must follow the instructions of the probation officer related to the conditions of supervision.

U.S. Probation Office Use Only

A U.S. probation officer has instructed me on the conditions specified by the court and has provided me with a written copy of this
judgment containing these conditions. For further information regarding these conditions, see Overview of Probation and Supervised
Release Conditions, available at: www.uscourts.gov.

Defendant's Signature	Date	

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DEFENDANT: LASHONDA HOWELL CASE NUMBER: 2:22cr370-LSC-KFP

SPECIAL CONDITIONS OF SUPERVISION

- 1. Defendant shall participate in a program approved by the United States Probation Office for substance abuse as directed, which may include testing to determine whether Defendant has reverted to the use of drugs. Defendant shall contribute to the cost of any treatment based on ability to pay and the availability of third-party payments.
- 2. Defendant shall provide the probation officer any requested financial information.
- 3. Defendant shall not obtain new credit without approval of the Court unless in compliance with the payment schedule.
- 4. Defendant shall participate in a mental health program approved by the United States Probation Office as directed and contribute to the cost based on ability to pay and availability of third-party payments.
- 5. Defendant shall submit to a search of her person, residence, office, or vehicle pursuant to the search policy of this Court.

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Judgment in a Criminal Case Sheet 5 — Criminal Monetary Penalties

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DEFENDANT: LASHONDA HOWELL CASE NUMBER: 2:22cr370-LSC-KFP

CRIMINAL MONETARY PENALTIES

The defendant must pay the total criminal monetary penalties under the schedule of payments on Sheet 6.

after such determina □ The defendant must If the defendant mal the priority order or before the United St Name of Payee American Express 200 Vesey Street New York, NY 10285 □ Restitution amount ☑ The defendant must fifteenth day after to penalties for delay. □ The court determination	Sessment JVTA A	Assessment*	Fine \$ 20,000.0	Restitu 90 \$ 95,55	
If the defendant mal the priority order or before the United State of Payee American Express 200 Vesey Street New York, NY 10285 ■ Restitution amount ✓ The defendant must fifteenth day after to penalties for delay.		An	Amended Ja	udgment in a Criminal	! Case (AO 245C) will be entered
Name of Payee American Express 200 Vesey Street New York, NY 10285 TOTALS ☐ Restitution amount ✓ The defendant must fifteenth day after to penalties for del. ☐ The court determine	t make restitution (including o	community restituti	ion) to the fol	llowing payees in the am	nount listed below.
American Express 200 Vesey Street New York, NY 10285 TOTALS Restitution amount The defendant mus fifteenth day after to penalties for del. The court determin	kes a partial payment, each par percentage payment column states is paid.	yee shall receive a below. However,	n approximat pursuant to	tely proportioned payme 18 U.S.C. § 3664(i), all	ent, unless specified otherwise in nonfederal victims must be paid
200 Vesey Street New York, NY 10285 TOTALS ☐ Restitution amount ✓ The defendant mus fifteenth day after to penalties for delay ☐ The court determine		Total Loss	3**	Restitution Ordered	Priority or Percentage
New York, NY 10285 TOTALS ☐ Restitution amount The defendant mus fifteenth day after to penalties for delater to penalties.				\$95,557.20	
TOTALS ☐ Restitution amount ✓ The defendant mus fifteenth day after to penalties for del ☐ The court determin					
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✓ The defendant mus fifteenth day after to penalties for del☐ The court determinant	\$	0.00 \$		95,557.20	
fifteenth day after to penalties for del The court determin	t ordered pursuant to plea agr	eement \$			
	The defendant must pay interest on restitution and a fine of more than \$2,500, unless the restitution or fine is paid in full before the fifteenth day after the date of the judgment, pursuant to 18 U.S.C. § 3612(f). All of the payment options on Sheet 6 may be subject to penalties for delinquency and default, pursuant to 18 U.S.C. § 3612(g).				
	ned that the defendant does no	ot have the ability t	to pay interes	t and it is ordered that:	
☐ the interest rec	quirement is waived for the	☐ fine ☐ 1	estitution.		
☐ the interest rec	quirement for the fine	e 🗆 restitution	n is modified	as follows:	

^{*} Justice for Victims of Trafficking Act of 2015, Pub. L. No. 114-22.

** Findings for the total amount of losses are required under Chapters 109A, 110, 110A, and 113A of Title 18 for offenses committed on or after September 13, 1994, but before April 23, 1996.

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DEFENDANT: LASHONDA HOWELL CASE NUMBER: 2:22cr370-LSC-KFP

SCHEDULE OF PAYMENTS

Hav	ıng a	ssessed the defendant's ability to pay, payment of the total criminal monetary penalties is due as follows:
A		Lump sum payment of \$115,657.20 due immediately, balance due
		□ not later than , or in accordance with □ C, □ D, □ E, or ☑ F below; or
В		Payment to begin immediately (may be combined with \Box C, \Box D, or \Box F below); or
С		Payment in equal (e.g., weekly, monthly, quarterly) installments of \$ over a period of (e.g., months or years), to commence (e.g., 30 or 60 days) after the date of this judgment; or
D		Payment in equal (e.g., weekly, monthly, quarterly) installments of \$ over a period of (e.g., months or years), to commence (e.g., 30 or 60 days) after release from imprisonment to a term of supervision; or
Е		Payment during the term of supervised release will commence within (e.g., 30 or 60 days) after release from imprisonment. The court will set the payment plan based on an assessment of the defendant's ability to pay at that time; or
F	\checkmark	Special instructions regarding the payment of criminal monetary penalties:
		All criminal monetary payments shall be immediately paid to the Clerk, United States District Court, One Church Street, Montgomery, Alabama 36104. Any balance remaining at the start of supervision shall be paid at the rate o not less than \$100.00 per month.
Unle the p Fina	ess th perio ncial	e court has expressly ordered otherwise, if this judgment imposes imprisonment, payment of criminal monetary penalties is due during d of imprisonment. All criminal monetary penalties, except those payments made through the Federal Bureau of Prisons' Inmal Responsibility Program, are made to the clerk of the court.
The	defe	ndant shall receive credit for all payments previously made toward any criminal monetary penalties imposed.
	Join	nt and Several
	Def and	Pendant and Co-Defendant Names and Case Numbers (including defendant number), Total Amount, Joint and Several Amount, corresponding payee, if appropriate.
	The	defendant shall pay the cost of prosecution.
	The	defendant shall pay the following court cost(s):
	The	e defendant shall forfeit the defendant's interest in the following property to the United States:

Payments shall be applied in the following order: (1) assessment, (2) restitution principal, (3) restitution interest, (4) fine principal, (5) fine interest, (6) community restitution, (7) JVTA assessment, (8) penalties, and (9) costs, including cost of prosecution and court costs.